



July Delivery 2020

Please note that routes can be affected by weather, traffic, and delivery volume; we appreciate your patience and understanding in this, and will inform you of any drastic unforeseen changes that occur. Our Current Delivery Rates are: Free for Veterans, \$6.00 for most locations, and \$10.00 for Abbotsford, Mission, Silver Valley, North Coquitlam, Deep Cove, and West Vancouver. All deliveries are between 10am and 6pm; give us a call or send an email if you need an estimated delivery time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 ALL CITIES (Cities on Mondays are exempt)	29 Maple Ridge, Pitt Meadows, Fort Langley, Aldergrove, Abbotsford, Mission	30	1 CLOSED FOR CANADA DAY	2 Langley, Surrey, Cloverdale, North Delta, Ladner, Tsawwassen, Delta, White Rock, Port Coquitlam, Port Moody, Burnaby, Richmond, All of Vancouver	3	4
5 ALL CITIES (Cities on Mondays are exempt)	6 Maple Ridge, Pitt Meadows, Fort Langley, Aldergrove, Abbotsford, Mission	7	8 Langley, Surrey, Cloverdale, North Delta, Ladner, Tsawwassen, Delta, White Rock	9 Port Coquitlam, Port Moody, Burnaby, Richmond, All of Vancouver	10	11
12 ALL CITIES (Cities on Mondays are exempt)	13 Maple Ridge, Pitt Meadows, Fort Langley, Aldergrove, Abbotsford, Mission	14	15 Langley, Surrey, Cloverdale, North Delta, Ladner, Tsawwassen, Delta, White Rock	16 Port Coquitlam, Port Moody, Burnaby, Richmond, All of Vancouver	17	18
19 ALL CITIES (Cities on Mondays are exempt)	20 Maple Ridge, Pitt Meadows, Fort Langley, Aldergrove, Abbotsford, Mission	21	22 Langley, Surrey, Cloverdale, North Delta, Ladner, Tsawwassen, Delta, White Rock	23 Port Coquitlam, Port Moody, Burnaby, Richmond, All of Vancouver	24	25
26 ALL CITIES (Cities on Mondays are exempt)	27 Maple Ridge, Pitt Meadows, Fort Langley, Aldergrove, Abbotsford, Mission	28	29 Langley, Surrey, Cloverdale, North Delta, Ladner, Tsawwassen, Delta, White Rock	30 Port Coquitlam, Port Moody, Burnaby, Richmond, All of Vancouver	31	1